**Volunteering**

**Become a volunteer with Ratuj Życie Foundation**

Have some spare time? Interested in the subject of giving aid in case of emergency? Interested in cardiopulmonary resuscitation? Know what the AED defibrillator is? Want to broaden your knowledge and improve skills related to this subject, and do something for others at the same time? Become a volunteer with Ratuj Życie Foundation.

**Volunteering**

If you want to support the Foundation in implementing its projects with your presence and help, and you are not afraid of new challenges and you already know explications of secret shortcuts such as CPR or AED, then you are invited to work with us.

How can you help us?

* in promoting activity of the Foundation and the Ratuj Zycie application
* in verifying locations of the AED defibrillators reported to the database
* in adding new locations to the database
* in preparing promotion materials, infographics, running a website and social media profiles
* in photographic documenting of events, taking pictures for educational and promotional materials
* in creating educational materials, as well as leaflets and posters
* in organizing the Foundation’s promotional stands during conferences, congresses and other events

What will you gain?

* working with young and energetic team
* participating in creation of interesting projects
* experience in teamwork
* knowledge and skills development in terms of the Foundation’s activity and working with other organizations
* volunteering agreement and certificate about your actions
* precious detail in your CV about working in a new and developing non-government organization

**E-volunteering**

If you do not have much free time or you simply want to work from home, and you are willing to do something for the Foundation without leaving your house, then we are inviting you to become our virtual volunteer.

What is it? E-volunteer can work with the organization on a virtual basis. The main way of contacting are e-mails, communicators, social media, or other available forms of virtual communication. It is the opportunity of collaboration which can be as effective as the traditional volunteering. It allows time-saving, and makes it possible to cooperate despite the distance and other spatial barriers.

**How to become a volunteer?**

If you want to start volunteering with Ratuj Życie Foundation, send a message about it to barbara.wojcik@ratujzycie.eu, and we will contact you.